

Day	Date	Time	#	Session		AAAI	ACE	AFAA	NETA	NSCA – CPTNSCA–CSCS	NASM	WITS	
Fri	4/8/11	7:30am–9:00am	501	Tri-Plane Pilates – Leslee Bender	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	7:30am–9:00am	502	BOSU® Plyo Progressions – Amy Dixon	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	7:30am–9:00am	503	Flirty Girl Fitness® Booty Beat – Mindy Mylrea and Jenn Hall	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	7:30am–9:00am	504	Schwinn® Cycling: The Trend Report 2011 – Shannon Fable	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	7:30am–9:00am	505	TRX® Suspension Training® Body Blast – Leigh Crews	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	7:30am–9:00am	506	The Primary Movements – Functional Movement Screens – Fabio Comana	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Fri	4/8/11	7:30am–9:00am	507	From "POWER" Yoga to "ALLOWER" Yoga – Lauren Eirk	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	9:30am–11:00am	508	Arcs and Angles – June Kahn	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	9:30am–11:00am	509	R.I.P.P.E.D. – The One Stop Body Shock™ – Alex Isaly and Terry Shorter	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	9:30am–11:00am	510	SuperfitBOD – Amy Dixon	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	9:30am–11:00am	511	Schwinn® Cycling: Teams and Tribes – Julz Arney	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	9:30am–11:00am	512	Gymstick™ Super Boomers – Next Generation Stick – Cameron Chinatti	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	9:30am–11:00am	513	Eating For Energy and Performance – Scott Josephson	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Fri	4/8/11	9:30am–11:00am	514	Take Yoga From Participant To Presentation – Robert Sherman	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	12:00pm–1:30pm	515	Stumbling Towards GRACE, by BALLESTONE® – Shannon Fable	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	12:00pm–1:30pm	516	Soul Steppin' – Harold Sanco	Workshop	1		0.75	1.5			0.1	1
Fri	4/8/11	12:00pm–1:30pm	517	Body Bar® Balance Infused Strength – Keli Roberts	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	12:00pm–1:30pm	518	Schwinn® Cycling: From My Class to Yours – Amy Dixon	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	12:00pm–1:30pm	519	Beamfit™ Foundational Beaming™ Sensational Sampler – June Kahn	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	12:00pm–1:30pm	520	Women, Weights & Results – Scott Josephson	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Fri	4/8/11	12:00pm–1:30pm	521	Ebb & Flow: Chakra Vinyasa Yoga – Connie Borho	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	2:00pm–3:30pm	522	BOSU® Pilates 3D – Stacey Lei Krauss	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	2:00pm–3:30pm	523	Savvier Fitness® High Intensity Interval Training – Mindy Mylrea	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	2:00pm–3:30pm	524	Zumba® Fitness Party – Tony Witt	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	2:00pm–3:30pm	525	Schwinn® Cycling: So You Think You Can Race? – Keli Roberts	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	2:00pm–3:30pm	526	TRX® Suspension Training® Circuit Training – Leigh Crews	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	2:00pm–3:30pm	527	Tap Into Your Fat Burn – Fabio Comana	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Fri	4/8/11	2:00pm–3:30pm	528	Leeann Carey Yoga: An Introduction to Dynamic and Therapeutic Yoga – Melissa Smith	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	4:00pm–5:30pm	529	Kahn–Coction – June Kahn	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	4:00pm–5:30pm	530	Layered Step – Harold Sanco	Workshop	1		0.75	1.5			0.1	1
Fri	4/8/11	4:00pm–5:30pm	531	Hot Bod Dance Squad – Julz Arney	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	4:00pm–5:30pm	532	Schwinn® Cycling: Short and Sweet – Mindy Mylrea	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	4:00pm–5:30pm	533	NPI: Posture & Body Alignment: Become an Expert In Teaching Resistance – Ken Baldwin	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Fri	4/8/11	4:00pm–5:30pm	534	Whole Food Plant Based Nutrition – Scott Josephson	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Fri	4/8/11	4:00pm–5:30pm	535	Thread – Robert Sherman	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	6:00pm–7:30pm	536	Bender Ball® Burn – Leslee Bender	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	6:00pm–7:30pm	537	Savvier Fitness® Best Of Boot Camp – Mindy Mylrea	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	6:00pm–7:30pm	538	Zumba® Toning – Julie Kelly	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	6:00pm–7:30pm	539	Schwinn® Cycling: from My Class To Yours – Stacey Lei Krauss	Workshop	1	0.1	0.75	1.5			0.1	1
Fri	4/8/11	6:00pm–7:30pm	540	Gymstick™ Angles and Anchor Points – Cameron Chinatti	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Fri	4/8/11	6:00pm–7:30pm	541	Business Strategies For Personal Trainers – Pete McCall	Lecture	1	0.1	1.5	1.5			0.1	1
Fri	4/8/11	6:00pm–7:30pm	542	The Athlete's Yoga 2011 – Connie Borho	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	7:30am–9:00am	543	BOSU® Studio Pilates – Shannon Fable	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	7:30am–9:00am	544	Become A Hybrid Fitness Professional – Pete McCall	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	7:30am–9:00am	545	Body Bar® Cut To The Core – Keli Roberts	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	7:30am–9:00am	546	Schwinn®Cycling: Music Makeover – Julz Arney	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	7:30am–9:00am	547	TRX®Suspension Training® Power Stretch – Leigh Crews	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
	4/9/11	7:30am–9:00am	548	Mastering Metabolism – Scott Josephson	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
	4/9/11	7:30am–9:00am	549	Why You Are Unable To Get Into That Pose – Lauren Eirk	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
	4/9/11	9:30am–11:00am	550	Les Mills™ Teaser BODYCOMBAT™, BODYFLOW™ & SH'BAM™ – Nicole Sanchez and Justin Sanchez	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	9:30am–11:00am	551	BOSU® HIT Athletic Cardio – Keli Roberts	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	9:30am–11:00am	552	Body Bar® Functional Fusion – Leslee Bender	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	9:30am–11:00am	553	Schwinn® Cycling: 10 Minutes to Your Next 10 Rides – Shannon Fable	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	9:30am–11:00am	554	Beamfit™ Beamplates™ Basework – June Kahn	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	9:30am–11:00am	555	Recovery – The Forgotten Training Variable – Pete McCall	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Sat	4/9/11	9:30am–11:00am	556	Yoga Targets Series: The Lens On Shoulder – Robert Sherman	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	12:00pm–1:30pm	557	Bender Ball® Blast B.B.B. – Leslee Bender	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	12:00pm–1:30pm	558	BOSU® Playground Challenge – Julz Arney	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	12:00pm–1:30pm	559	Flirty Girl Fitness® Booty Beat – Mindy Mylrea and Jenn Hall	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	12:00pm–1:30pm	560	Schwinn® Cycling: Hit It! – Amy Dixon	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	12:00pm–1:30pm	561	YOGression: Creative Yoga Sequences – Lauren Eirk	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	12:00pm–1:30pm	562	Tipping The Scales – Fabio Comana	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Sat	4/9/11	12:00pm–1:30pm	563	Balance & Control: Yoga for Stability – Connie Borho	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	2:00pm–3:30pm	564	TuTu Hot Training – Jenn Hall	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	2:00pm–3:30pm	565	Step Celebration – Harold Sanco	Workshop	1		0.75	1.5			0.1	1
Sat	4/9/11	2:00pm–3:30pm	566	Zumba® Gold – Tony Witt	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	2:00pm–3:30pm	567	Schwinn® Cycling: Remixed & Redelivered – Stacey Lei Krauss	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	2:00pm–3:30pm	568	Beamfit™ Beam-azing™ – June Kahn	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	2:00pm–3:30pm	569	NPI: Learn To Analyze Posture – Ken Baldwin	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Sat	4/9/11	2:00pm–3:30pm	570	Leeann Carey Yoga: Dynamic & Therapeutic Yoga for Your Core – Melissa Smith	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	4:00pm–5:30pm	571	Bender Ball® Butt Basics – Leslee Bender	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	4:00pm–5:30pm	572	BOSU® Xplode – Mindy Mylrea	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	4:00pm–5:30pm	573	Body Bar® Buddha Bar Flex – June Kahn	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	4:00pm–5:30pm	574	Schwinn® Cycling: From My Class to Yours – Keli Roberts	Workshop	1	0.1	0.75	1.5			0.1	1
Sat	4/9/11	4:00pm–5:30pm	575	Improved Elastic Results – Lauren Eirk	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	4:00pm–5:30pm	576	Internal Awareness – Scott Josephson	Lecture	1	0.1	1.5	1.5	0.15	0.15	0.1	1
Sat	4/9/11	4:00pm–5:30pm	577	Hip Opening Yoga Flow: Yoga for Tight Butts! – Connie Borho	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	6:00pm–7:30pm	578	Pilates Precision Meets Power Yoga Flow – Connie Borho	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	6:00pm–7:30pm	579	Savvier Fitness® Take Your Toys and GO! – Jenn Hall	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	6:00pm–7:30pm	580	Ex–Tension – Stacey Lei Krauss	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1
Sat	4/9/11	6:00pm–7:30pm	581	KBK Fitness: Kickbox Kaliente – Billy Kirby	Workshop	1		0.75	1.5			0.1	1
Sat	4/9/11	6:00pm–7:30pm	583	Les Mills™ Group Fitness Management – Justin Sanchez	Lecture	1	0.1	1.5	1.5			0.1	1
Sat	4/9/11	6:00pm–7:30pm	584	Yoga Target Series – The Lens on Hip – Robert Sherman	Workshop	1	0.1	0.75	1.5	0.15	0.15	0.1	1

