

Preconference & Specialty Events Schedule



DATE	TIME	CRS #	PRECON TITLE	PRESENTER	WORKSHOP FEE	
FRI 4/16	6:30pm – 8pm	700	Adult CPR & AED Training	Sussman	\$40.00	
SAT 4/17	6:30pm – 8pm	701	Adult CPR & AED Training	Sussman	\$40.00	
THU 4/15	9am – 4pm	702	Balletone® Sole Synthesis	Fable	\$129 before 3/15	\$149 after 3/15
THU 4/15	9am – 5pm	703	Bender Ball® Method Foundations	Bender	\$145 before 3/15	\$165 before 3/15
WED 4/14	8am – 6pm	704	Christ Centered Yoga™ Introduction	Martin	\$125 before 3/15	\$145 before 3/15
THU 4/15	8am – 6pm	705	Christ Centered Yoga™ Level 2 Training	Martin	\$125 before 3/15	\$145 before 3/15
THU 4/15	10am – 5pm	706	Eating Essentials: Change your Diet, Change your Life	Gentes	\$119 before 3/15	\$139 before 3/15
THU 4/15	9am – 4pm	707	Flirty Girl Fitness™: The Flirtification	Mylrea/Hall	\$169 before 3/15	\$199 before 3/15
THU 4/15	8am – 12pm	708	Pilatesstick® Foundations Workshop	Borho	\$60 before 3/15	\$80 before 3/15
THU 4/15	2pm – 6pm	709	Pilates Mind/Body Fundamentals	Borho	\$60 before 3/15	\$80 before 3/15
THU 4/15	9am – 4pm	710	The Basics of Yoga Alignment	Laird	\$125 before 3/15	\$165 before 3/15
THU 4/15	8:30am – 5pm	711	The Success Express: Launching and Running a Successful Fitness Business	Wilburn/Colby	\$159 before 3/15	\$179 before 3/15
THU 4/15	8am – 4:30pm		NETA Group Exercise Certification Exam	O'Donnell	\$199 (Register directly with NETA)	
WED 4/14 & THU 4/15	8am – 5pm 8am – 3pm		NETA Personal Trainer Certification Exam	Giese	\$349 (Register directly with NETA)	
THU 4/15	8am – 11:30am		NSCA-Certified Personal Trainer® Exam (NSCA-CPT®)	NSCA	\$235 NSCA members (Register directly with NSCA®)	\$370 non-members (Register directly with NSCA®)
THU 4/15	12:30pm – 6pm		NSCA-Certified Strength and Conditioning Specialist® (NSCA-CSCS®)	NSCA	\$260 NSCA members (Register directly with NSCA®)	\$395 non-members (Register directly with NSCA®)
THU 4/15	8am – 5pm		Spinning® Instructor Orientation	Krabel	\$325 (Register directly with Spinning®)	
THU 4/15	7pm – 9pm		Spinning® The Infinite Ride	Taylor	\$75 (Register directly with Spinning®)	