

Day	Date	Time	#	Session – Presenter	Class Type	AAAI	ACE	AFAA	NETA	NSCA – CPT	NSCA–CSCS	NASM	WITS	
Friday	13-Apr	7:00am – 9:00am	501	Lebert Fitness – Cool New Tools & Programming For Bootcamps & Group Ex – Marc Lebert	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	7:00am – 9:00am	502	BOSU® HIIT Extreme – Keli Roberts	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	7:00am – 9:00am	503	COREBAR HIT® – Anita Tonne & Lene Kristine Dahl	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	7:00am – 9:00am	504	Schwinn® Cycling: The Trend Report 2012 – Shannon Fable	Workshop	1	0.2	1	2	0.2	0.2		0.1	1
Friday	13-Apr	7:00am – 9:00am	505	YOGA I.S.® Secrets Behind the Poses – Lauren Eirk	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	7:00am – 9:00am	506	Healthier Eating Habits – Teri Gentes	Lecture	1	0.2	2	2	0.2	0.2		0.1	1
Friday	13-Apr	7:00am – 9:00am	507	Mat! Mat and More Mat! – Ariel Hernandez	Workshop	1	0.2	1	2	0.2	0,2		0.1	1
Friday	13-Apr	9:30am – 11:00am	508	Power Systems® Resistance Tubing 2.0 – Michelle Able	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	9:30am – 11:00am	509	Savvier Fitness® Tabata Boot Camp Teaser – Mindy Mylrea	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	9:30am – 11:00am	510	Powder Blue Where's the Party? – Melissa McAllister & Christine Dwyer	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	9:30am – 11:00am	511	Schwinn® Cycling: Ride One, Get One FREE – Helen Vanderburg	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	9:30am – 11:00am	512	Full Circle – Amy Dixon	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	9:30am – 11:00am	513	NPI Analyzing and Assessing Posture and Body Alignment – Ken Baldwin	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Friday	13-Apr	9:30am – 11:00am	514	Bender Ball® Beyond Bootcamp – Leslee Bender	Workshop	1	0.15	0.75	1.5			0.15	0.1	1
Friday	13-Apr	11:30pm–1:00pm	515	R.I.P.P.E.D. – The One Stop Body Shock® – Alex Isaly & Terry Shorter	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	11:30pm–1:00pm	516	BOSU® Multiplicity – Amy Dixon & Keli Roberts	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	0.15
Friday	13-Apr	11:30pm–1:00pm	517	STREET KATA: Past the Art of Kickboxing (Level I) – Bishop Garland	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	11:30pm–1:00pm	518	Schwinn® Cycling: Short and Sweet – Mindy Mylrea	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	11:30pm–1:00pm	519	Yoga I.S.® YOGression: Creative Yoga Sequences for Core Strength – Lauren Eirk	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	11:30pm–1:00pm	520	Conditioning the Core From the Inside Out – Teri Gentes	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Friday	13-Apr	11:30pm–1:00pm	521	Yoga Pilates Boot Camp – Ariel Hernandez	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	1:30pm–3:30pm	522	Body Bar® Tabata – Sherry Catlin	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	1:30pm–3:30pm	523	Lebert Fitness Making Your Workout Epic – Marc Lebert	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	1:30pm–3:30pm	524	Zumba Fitness® Party "Feel the Music" Experience – Vanessa Lupercio	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	1:30pm–3:30pm	525	Schwinn® Cycling: So You Think You Can Race – Season 2 – Keli Roberts	Workshop	1	0.2	1	2	0.2	0.2		0.1	1
Friday	13-Apr	1:30pm–3:30pm	526	Leeann Carey Yoga: Yaapana: The Practice – Melissa Smith	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	1:30pm–3:30pm	527	Engage .. Ignite .. Empower .. © – Fabio Comana	Lecture	1	0.2	2	2	0.2	0.2		0.1	1
Friday	13-Apr	1:30pm–3:30pm	528	Powder Blue PiYo™ Strength: Make The Mat Your Friend – Sara Easley & Christine Dwyer	Workshop	1	0.2	1	2				0.1	1
Friday	13-Apr	4:00pm–5:30pm	529	Body Bar® Flex: Fusion – Helen Vanderburg	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	4:00pm–5:30pm	530	BOSU® Pilates 3D – Shannon Fable	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	4:00pm–5:30pm	531	COREBAR HIT® – Anita Tonne & Lene Kristine Dahl	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	4:00pm–5:30pm	532	Schwinn® Cycling: Cycling HIIT It! – Amy Dixon	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	4:00pm–5:30pm	533	NPI Corrective Body Weight and Tubing Exercises To Enhance Posture & Body Alignment – Ken Baldwin	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	4:00pm–5:30pm	534	Eating Better – Feeling Better: How, What, Why, When EATING ESSENTIALS – Teri Gentes	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Friday	13-Apr	4:00pm–5:30pm	535	Above The Barre – Leslee Bender	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	6:00pm–7:30pm	536	STREET KAMP: Body Weight Sessions – Bishop Garland	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	6:00pm–7:30pm	537	Flirty Girl Fitness® – Jenn Hall & Mindy Mylrea	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	6:00pm–7:30pm	538	Zumba Toning® –Julie Kelly	Workshop	1	0.15	0.75	1.5				0.1	1
Friday	13-Apr	6:00pm–7:30pm	539	Schwinn® Cycling: Release and Relieve – Helen Vanderburg	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	6:00pm–7:30pm	540	Leeann Carey Yoga: Yaapana: Happy Hips – Melissa Smith	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Friday	13-Apr	6:00pm–7:30pm	541	Cardio Reinvented – Fabio Comana	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Friday	13-Apr	6:00pm–7:30pm	542	Roll With It – Amy Dixon	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	7:00am – 9:00am	543	LeBert Fitness – Cool New Tools & Programming For Bootcamps & Group Ex – Marc Lebert	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	7:00am – 9:00am	544	R.I.P.P.E.D. – The One Stop Body Shock® – Alex Isaly & Terry Shorter	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	7:00am – 9:00am	545	COREBAR HIT® – Anita Tonne & Lene Kristine Dahl	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	7:00am – 9:00am	546	Schwinn® Cycling: The Wake-Up Workout – Amy Dixon	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	7:00am – 9:00am	547	Functional Flexibility The Truth in Training – Leslee Bender	Workshop	1	0.2	1	2	0.2	0.2		0.1	1
Saturday	14-Apr	7:00am – 9:00am	548	The Sports Conditioning Trifecta – Fabio Comana	Lecture	1	0.2	2	2	0.2	0.2		0.1	1
Saturday	14-Apr	7:00am – 9:00am	549	Mat Pilates with Props – Ariel Hernandez	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	9:30am – 11:00am	540	Body Bar Core 3 x 3 – Keli Roberts	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	9:30am – 11:00am	551	BOSU® Crush It – Mindy Mylrea	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	9:30am – 11:00am	552	Zumba Gold® – Vanessa Lupercio	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	9:30am – 11:00am	553	Schwinn® Cycling: 10 Minutes to Your Next 10 Rides – Shannon	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	9:30am – 11:00am	554	YOGA I.S.® YOGression: Creative Yoga Sequences for Arms and Shoulders – Lauren Eirk	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	9:30am – 11:00am	555	NPI Goniometry Assessments – Joint and Muscular Range of Motion Testing – Ken Baldwin	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	9:30am – 11:00am	556	Body Weight RX – Helen Vanderburg	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	11:30pm–1:00pm	557	Powder Blue Let the Rhythm Move You, by Turbo Kick® – Melissa McAllister & Sara Easley	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	11:30pm–1:00pm	558	BOSU® Amped – Shannon Fable	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	11:30pm–1:00pm	559	Flirty Girl Fitness® – Jenn Hall & Mindy Mylrea	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	11:30pm–1:00pm	560	Schwinn® Cycling: Ride One, Get One FREE – Amy Dixon	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	11:30pm–1:00pm	561	Leeann Carey Yoga: Yaapana: Lower Back Luck – Melissa Smith	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	11:30pm–1:00pm	562	POWER TO GO: Pre and Post Workout Fueling – Teri Gentes	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	11:30pm–1:00pm	563	BUILD–A–BUTT™ Bustin' Booty Partner Drills – Cheryl Westerman	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	1:30pm–3:30pm	564	Lebert Fitness – Making Your Workout Epic – Marc Lebert	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	1:30pm–3:30pm	565	STREET KONTACT (The Partnered Katas – Garland Bishop	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	1:30pm–3:30pm	566	Zumba Fitness® Party "Feel the Music" Experience – Julie Kelly	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	1:30pm–3:30pm	567	Schwinn® Cycling: HIIT IT! – Helen Vanderburg	Workshop	1	0.2	1	2	0.2	0.2		0.1	1
Saturday	14-Apr	1:30pm–3:30pm	568	YOGA I.S.® Samtosh: The Art of Being Content With Your Body and Your Practice – Lauren Eirk	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	1:30pm–3:30pm	569	NPI Establishing a Successful Posture Assessment Based–Business Model in your Facility – Ken Baldwin	Lecture	1	0.2	2	2	0.2	0.2		0.1	1
Saturday	14-Apr	1:30pm–3:30pm	570	Mat! Mat and More Mat! – Ariel Hernandez	Workshop	1	0.2	1	2				0.1	1
Saturday	14-Apr	4:00pm–5:30pm	571	Body Bar® Lean Mean Legs! –Sherry Catlin	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	4:00pm–5:30pm	572	BOSU® Strong and Stretched – Amy Dixon	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	4:00pm–5:30pm	573	Power Systems® It's All Fun and Games...And No One Gets Hurt! – Michelle Able	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	4:00pm–5:30pm	574	Schwinn® Cycling: Ride One Get One FREE – Keli Roberts	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	4:00pm–5:30pm	575	Leeann Carey Yoga: Yaapana: Doing, Being, Still – Melissa Smith	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	4:00pm–5:30pm	576	WHAT'S REALLY IN IT 2012? CONSUMER ESSENTIALS Do you know what you're eating? – Teri Gentes	Lecture	1	0.15	1.5	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	4:00pm–5:30pm	577	Anatomy In Action – Leslee Bender	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	6:00pm–7:30pm	578	STREET KATA: Warrior Glide Style (Level II) – Garland Bishop	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	6:00pm–7:30pm	579	Savvier Fitness® Booty Camp – Mindy Mylrea	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	6:00pm–7:30pm	580	Powder Blue Hip Hop HUSTLE™: On the Outside Looking In – Christine Dwyer & Sara Easley	Workshop	1	0.15	0.75	1.5				0.1	1
Saturday	14-Apr	6:00pm–7:30pm	581	True Metabolic Conditioning – Fabio Comana	Workshop	1	0.15	0.75	1.5	0.15	0.15		0.1	1
Saturday	14-Apr	6:00pm–7:30pm	582	Graceful Grand Finales – Shannon Fable	Lecture	1	0.15	1.5	1.5				0.1	1
Saturday	14-Apr	6:00pm–7:30pm	583	WAIST–ed™ with TOWELmoves™ –Cheryl Westerman	Workshop	1	0.15	0.75	1.5				0.1	1

