

#	Friday 7/31/20 Group 1 11:00 am - 12:30 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
101	Schwinn® Cycling: To Breathless and Back Again with Robert Sherman	0.15	0.75	1.0	1.0	0.1	0.15
102	HIIT the BARRE with Tricia Murphy Madden & Lauren George	0.15	0.75	1.0	1.0	0.1	0.15
103	FAI®: 10 simple and Low Cost Ways to Market More Effectively with Dr. Dan Ritchie	0.15	1.50	1.0	1.0	0.1	0.15
104	Foot to Core Stabilization: Enhancing Power & Strength with Dr. Emily Splichal	0.15	1.50	1.0	1.0	0.1	0.15
105	FREESTYLE STEP with Rebecca Small	0.15	1.50	1.0	1.0	0.1	0
106	Next Steps in Your Aquatic Career with Mick & Sue Nelson	0.15	1.50	1.0	1.0	0.1	0

#	Friday 7/31/20 Group 2 1:30 pm - 3:00 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
107	HIIT - Real Ratios for Results by StairMaster® with Sonja Friend-Uhl	0.15	0.75	1.0	1.0	0.1	0.15
108	Performance Training for the Master's Athlete with Pete McCall	0.15	1.50	1.0	1.0	0.1	0.15
109	FAI®: Exercise Program Design for the 55+ Client with Dr. Dan Ritchie & Dr. Cody Sipe	0.15	1.50	1.0	1.0	0.1	0.15
110	Yoga in the Round with Denise Druce	0.15	0.75	1.0	1.0	0.1	0.15
111	LaBlast®: Ballroom Fitness Using PATTERNography with Louis Van Amstel	0.15	0.75	1.0	1.0	0.1	0
112	Discover the Dual Depth Difference with Laurie Denomme, Lori Sherlock & Steph Toogood	0.15	1.50	1.0	1.0	0.1	0.15

#	Saturday 8/1/20 Group 3 11:00 am - 12:30 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
113	Schwinn® Cycling: Cycle of Life - Pregnancy & Postnatal Solutions with Lou Atkinson	0.15	0.75	1.0	1.0	0.1	0.15
114	FAI®: Balance Training Games and Circuits with Dr. Dan Ritchie	0.15	1.50	1.0	1.0	0.1	0.15
115	Improve Your Client's Balance and Walking Today! with Dr. Evan Osar & Jenice Mattek	0.15	1.50	1.0	1.0	0.1	0.15
116	Yoga Chill with Helen Vanderburg	0.15	0.75	1.0	1.0	0.1	0.15
117	LaBlast® Fitness: Envision the New Normal with Louis Van Amstel	0.15	0.75	1.0	1.0	0.1	0
118	Knowing Why Gets Results with Jeanmarie Scordino	0.15	1.50	1.0	1.0	0.1	0.15

#	Saturday 8/1/20 Group 4 1:30 pm - 3:00 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
119	Turn Back Time: Benjamin Button Programming by Nautilus® with Pete McCall	0.15	0.75	1.0	1.0	0.1	0.15
120	FIIT - Functional Intense Integrated Training with Mindy Mylrea	0.15	0.75	1.0	1.0	0.1	0.15
121	Train Older Clients with Shoulder and Neck Issues? Use these Solutions! with Dr. Evan Osar	0.15	1.50	1.0	1.0	0.1	0.15
122	Hands On Stretching (The Bannister Method™) with Gail Bannister-Munn	0.15	1.50	1.0	1.0	0.1	0.15
123	Aerobics is Back! Bigger, Better, HIGHer! with Melissa Zurcher	0.15	0.75	1.0	1.0	0.1	0
124	3-Step Coaching for Dual Depth Workouts with Laurie Denomme	0.15	1.50	1.0	1.0	0.1	0.15

#	Friday 8/7/20 Group 5 11:00 am - 12:30 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
125	Schwinn® Cycling: Super Star Substitute with Mindy Mylrea	0.15	0.75	1.0	1.0	0.1	0
126	TRX® Next Level: HIIT with Brandon Wagner	0.00	0.75	1.0	1.0	0.1	0.15
127	Hacks for Health, Weight Mgt & Graceful Aging with Teri Gentes	0.15	1.50	1.0	1.0	0.1	0.15
128	Vertical Functional Pilates with Leslee Bender	0.15	0.75	1.0	1.0	0.1	0.15

129	FitSteps™ How NOT to be Choreo Crazy with Jessica Maurer & Debra De Luen	0.15	0.75	1.0	1.0	0.1	0
130	HIYO Intervals for Shallow and Deep Water with Laurie Denomme & Lori Sherlock	0.15	1.50	1.0	1.0	0.1	0.15

#	Friday 8/7/20 Group 6 1:30 pm - 3:00 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
131	“Toning” is NOT a Thing. WORK is Part of Work Out! by Nautilus® with Jenn Hogg	0.00	1.50	1.0	1.0	0.1	0.15
132	HIIT at Home with Pete McCall	0.15	1.50	1.0	1.0	0.1	0.15
133	Weak Glutes and Tight Hip Flexors? Do These 3 Things Now! with Dr. Evan Osar	0.15	1.50	1.0	1.0	0.1	0.15
134	Yoga for Athletes - Denise Druce	0.00	0.75	1.0	1.0	0.1	0.15
135	Step Back In Time - A Love Letter to Our Industry with Petra Kolber	0.15	1.50	1.0	1.0	0.1	0
136	Dual Depths 360 with Steph Toogood	0.15	1.50	1.0	1.0	0.1	0.15

#	Saturday 8/8/20 Group 7 11:00 am - 12:30 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
137	HIIT - The Science of Variability for Serious HIIT by StairMaster with Pete McCall	0.15	1.50	1.0	1.0	0.1	0.15
138	Top 20 Lessons Learned in 20 years plus the Best Workout in 20 Years with Todd Durkin	0.15	1.50	1.0	1.0	0.1	0.15
139	Evidence-based Weight Loss with Bruce & Mindy Mylrea	0.15	1.50	1.0	1.0	0.1	0.15
140	Yoga to the Core with Helen Vanderburg	0.15	0.75	1.0	1.0	0.1	0.15
141	FitSteps™ Boomers, Ballroom, and Broadway with Jessica Maurer & Debra De Luen	0.15	0.75	1.0	1.0	0.1	0
142	Dual Depths Tabata with Lori Sherlock	0.15	1.50	1.0	1.0	0.1	0.15

#	Saturday 8/8/20 Group 8 1:30 pm - 3:00 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
143	Schwinn® Cycling: How to Wow with Doris Thews	0.15	0.75	1.0	1.0	0.1	0.15
144	YOUR BODY 2.0 - Group Fitness for the 40 Plus with Tricia Murphy Madden & Pete McCall	0.15	0.75	1.0	1.0	0.1	0.15
145	It’s Not All or Nothing, Transitioning to Plant-Strong with Teri Gentes	0.15	1.50	1.0	1.0	0.1	0.15
146	Stretch and Perform (The Bannister Method™) with Gail Bannister-Munn	0.15	1.50	1.0	1.0	0.1	0.15
147	Aerobics is Back! Bigger, Better, HIGHHer! with Melissa Zurcher	0.15	0.75	1.0	1.0	0.1	0
148	Transitional Water: The Forgotten Depth with Laurie Denomme	0.15	1.50	1.0	1.0	0.1	0.15

#	Friday 8/14/20 Group 9 11:00 am - 12:30 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
149	Schwinn® Cycling: Balancing Act - the Art of True Cycling Fusion with Jenn Hogg	0.15	0.75	1.0	1.0	0.1	0.15
150	CORE at it’s best at every age Tricia Murphy Madden, Mindy Mylrea & Leslee Bender	0.15	0.75	1.0	1.0	0.1	0.15
151	Clean Up Your Communication with Shannon Fable	0.15	1.50	1.0	1.0	0.1	0
152	Yogafit® The Scientific Foundations of Trauma-Informed Yoga: Polyvagal Theory with Shaye Molendyke	0.15	1.50	1.0	1.0	0.1	0.15
153	FUNCTIONAL STEP with Rebecca Small	0.15	0.75	1.0	1.0	0.1	0
154	Transferring Drills to Skills with Lori Sherlock	0.15	1.50	1.0	1.0	0.1	0.15

#	Friday 8/14/20 Group 10 1:30 pm - 3:00 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
155	Work Your Why - Uncover Your Unique Strength Proposition by Nautilus® with Jenn Hogg	0.15	1.50	1.0	1.0	0.1	0.15

156	TRX® STRONG with Brandon Wagner	0.15	1.50	1.0	1.0	0.1	0.15
157	Virtual Team Communication that Inspires with Staci Alden	0.15	1.50	1.0	1.0	0.1	0
158	Brain Balance Link: The Secret to Movement Longevity with Dr. Emily Splichal	0.15	1.50	1.0	1.0	0.1	0.15
159	Soul Sisters with Stacey Lei Krauss & Elizabeth Lenart	0.15	0.75	1.0	1.0	0.1	0.15
160	Move, Train, Play with Steph Toogood	0.00	1.50	1.0	1.0	0.1	0.15

#	Saturday 8/15/20 Group 11 11:00 am - 12:30 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
161	Schwinn® Cycling: Class Design Crunch Time with Doris Thews	0.15	0.75	1.0	1.0	0.1	0.15
162	World Class Coaching—7 Things the BEST Trainer on the Planet Do! with Todd Durkin	0.15	1.50	1.0	1.0	0.1	0.15
163	Shake Up Your Schedule with Shannon Fable	0.15	1.50	1.0	1.0	0.1	0
164	Yogafit® What's in a cue? The neuroscience of How our Language Impacts Movement and Healing in Yoga with Shaye Molendyke	0.15	1.50	1.0	1.0	0.1	0.15
165	HIIT The Dance Floor with Tricia Murphy Madden	0.15	0.75	1.0	1.0	0.1	0
166	Movement Training for Parkinson's with Jeanmarie Scordino	0.00	1.50	1.0	1.0	0.1	0.15

#	Saturday 8/15/20 Group 12 1:30 pm - 3:00 pm (EDT)	ACE	AEA	AFAA	AFPA	NASM	NSCA
167	HIIT - A Moment in Time Optimizing HIIT Intervals by StairMaster® with Sonja Friend-Uhl	0.15	1.50	1.0	1.0	0.1	0.15
168	Creating HIIT out of Chaos with Carolyn Erickson & Mindy Mylrea	0.00	0.75	1.0	1.0	0.1	0.15
169	The Confidence Catalyst with Petra Kolber	0.15	1.50	1.0	1.0	0.1	0
170	Functional Flexibility and Fascia Fitness in an Inflexible World with Leslee Bender	0.15	1.50	1.0	1.0	0.1	0.15
171	Aerobics is Back! Bigger, Better, HIGHer! with Melissa Zurcher	0.15	0.75	1.0	1.0	0.1	0
172	Aqua Yoga Circuit with Laurie Denomme	0.00	1.50	1.0	1.0	0.1	0.15