

**NEWS RELEASE
FOR IMMEDIATE RELEASE
JUNE 2021**

DCAC Fitness Conventions brings the 30th Annual Fitness Education Conference back to Reston, VA! This will be the FIRST IN PERSON Fitness Education Conference on the East Coast since COVID-19! It will be a HYBRID event, so some of the education sessions will be available online as part of the LIVE STREAM registration.

RESTON, VA - DCAC Fitness Education Conference & Trade Show will be in town August 6-8, 2021. The Conference will be held at the Hyatt Regency Reston Hotel, 1800 Presidents Street, Reston, VA 20190.

DCAC Fitness Conventions provides high quality training and continuing education opportunities to group exercise instructors, personal trainers, yoga and Pilates instructors, aqua fitness instructors, program directors, club managers and owners. The world's foremost presenters will offer the latest health related research, trends, and training techniques.

We have lined up a top-notch fitness conference at a price you can afford. Fitness professionals can join us to earn Continuing Education Credits and Fitness enthusiasts can join us to experience fitness at the next level with the creators themselves.

The Trade Show is FREE and open to the public. Trade Show Hours are Friday August 6th and Saturday August 7th, 2021 from 9:00 a.m. to 5:00 p.m. Find all the latest in fitness equipment, workout apparel, music, and videos, specially priced for the conference.

Education sessions will run thru-out the weekend. Friday, August 6th and Saturday August 7th, 2021 from 7:00 a.m. to 6:30 p.m. and Sunday August 8th from 7:00 a.m. to 1:00 p.m.

For more information, visit www.dcacfitness.com or call 800.dcac.551.

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